# **Dauntless - Child Friendly Policy**

This Child Friendly Policy has been developed to help ensure the safety of our members and the children in their care.

Please respect that other members come to the gym to exercise distraction free, and that children on the gym floor is a safety concern for all involved.

#### SUMMARY OF RULES

- The rubber flooring is LAVA!
- Kids to be in the kids' space during the entire hour of class.
- Responsible adults are to exercise near the doorway/in sight of their kids.
- Food and drink to be consumed at the risk of the responsible adult
- Responsible adults to clean up after kids.
- Please let the coaches coach.
- The gym is primarily a fitness facility, not a playground or creche.
- Sickness stays at home.

<sup>&</sup>quot;Responsible adult" meaning the parent or primary carer of the child WHILE at the gym.

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## KIDS' SPACE

- Kids are to be in the kids' area from the moment the class starts until it ends.
- Ensure children are sorted out prior to class start time, not in the middle of the WOD brief or in the middle of the warm up so that the coach, yourself and other members can begin without distractions.
  We understand this is not always possible, but we ask that you do your best to stick to this.
- BYO child distractions toys, iPads etc (due to COVID we are unable to provide these)
- Responsible adults are asked (in case your children may need you during your session), please exercise as close to the door as possible so that you are directly near your child and they do not accidentally wander through the gym putting themselves and members at risk trying to find you.

## **BEHAVIOUR**

- The responsible adult is to see to the child if they are being disruptive to the class. Please stop what you are doing as soon as you notice or are alerted to this and sort out your child to limit the interruption to the class.
- If you can't hear the coach over your child, it is likely others are also having trouble hearing the coach too.
- If your child continues to leave the front lobby space (whether it is leaving the fenced area or the general lobby space) and becomes a safety risk for themselves or the class, please stop what you are doing immediately and tend to your child.

## **SICKNESS**

 If your child is sick, please do not bring them into the gym.

#### **CLEANING**

- Responsible adults are to clean up any untidiness or any mess left by their kids, wiping down touch points like you would with the equipment.
- If you are bringing food and drinks along, please make sure any mess from this is also cleaned.

#### **COACHES**

- Our coaches are there to coach you and the other members in attendance, please do not ask them to keep an eye on your kids, or hold your child during class.
- Our coaches need to be ready to help all members who are exercising and this requires them to coach "hands free".

## **PLAYTIME**

 If you would like to bring your kids prior to class to have a play, please make sure they are supervised, and remember safety first along with cleaning of touch points being required.

#### NOTE:

- Our gym is for ALL our members and we love to have your family in with you, however it is primarily a fitness facility. We offer the kids' space to help you with attendance and to provide a space for your kids while you and our other members exercise.
- It is also important to note that as children grow and age from baby, toddler, preschool, primary school, pre teen, teens and high school, these rules and guidelines may apply in different ways depending on the age, behaviour and overall safety needs for your child.
- Infants who remain in prams out of harm's way, and supervised by parents can be in the gym space with the parent during class.